

# CARY ORTHOPAEDIC SPORTS/SPINE SPECIALISTS AND PERFORMANCE PHYSICAL THERAPY

## PATIENT INFORMATION RECORD

OUR DOCTOR \_\_\_\_\_ DATE \_\_\_\_\_ CHART NO. \_\_\_\_\_

LAST NAME		FIRST NAME		MIDDLE INITIAL	MAIDEN NAME	ARE YOU A MINOR? <input type="checkbox"/>		ARE YOU IN A NURSING FACILITY? <input type="checkbox"/>	
MAILING ADDRESS					CITY	STATE	ZIP CODE		
LOCAL ADDRESS <input type="checkbox"/> SAME AS MAILING ADDRESS					CITY	STATE	ZIP CODE		
HOME PHONE #		CELL PHONE #		PREFERRED CONTACT METHOD <input type="checkbox"/> TEXT <input type="checkbox"/> HOME <input type="checkbox"/> CELL <input type="checkbox"/> EMAIL		EMAIL ADDRESS			
MARITAL STATUS			AGE	SEX		DATE OF BIRTH	RACE	ETHNICITY	PREFERRED LANGUAGE
S	M	W	D	SEP	M	F			
EMPLOYMENT STATUS (circle one)				PATIENT EMPLOYER			WORK PHONE #	SOCIAL SECURITY NUMBER	
EMPLOYED		STUDENT		OTHER					
FAMILY DOCTOR			FAMILY DOCTOR PHONE #		PHARMACY NAME		PHARMACY LOCATION/INTERSECTION		
EMERGENCY CONTACT NAME				RELATIONSHIP		EMERGENCY CONTACT'S BEST PHONE #			
SPOUSE NAME			SPOUSE BEST PHONE #			SPOUSE DATE OF BIRTH			

**IF THE PATIENT IS A MINOR OR STUDENT, PLEASE COMPLETE BELOW:**

MOTHER'S NAME		DATE OF BIRTH	BEST PHONE #
STREET ADDRESS, CITY, STATE, ZIP CODE			SOCIAL SECURITY #
FATHER'S NAME		DATE OF BIRTH	BEST PHONE #
STREET ADDRESS, CITY, STATE, ZIP CODE			SOCIAL SECURITY #

1. List Body Part(s)/ Briefly describe discomfort \_\_\_\_\_  
 Right \_\_\_\_ Left \_\_\_\_ Bilateral (both) \_\_\_\_

2. On a scale of 1-10 what is your pain right now? \_\_\_\_\_

3. What date did this problem/pain begin? (Approximately) MO/DAY/YEAR \_\_\_\_\_

4. Is this problem due to an injury? **YES** or **NO** **If yes go to 4a.**

4a. Where did the injury occur? (football field, grocery store, home, etc) \_\_\_\_\_

4b. What were you doing when the injury occurred? (walking, falling, playing) \_\_\_\_\_

4c. Was the injury due to the following? military activity\_\_ volunteer \_\_ student \_\_ student athlete \_\_ leisure activity \_\_

5. Will you be filing though Workers Compensation, AUTO insurance, or Liability Insurance? **YES** or **NO**

5a. If **YES**, please give details (names, phone #'s, claim #'s, etc) \_\_\_\_\_

I hereby authorize the designated physician to release any information acquired in the course of my treatment to my insurance company for completion of claims. In consideration of the medical services to be rendered, I agree to pay to Cary Orthopaedic & Sports Medicine Specialists the regular charges for said services. I understand that I am responsible for all charges not paid by insurance. If applicable, I also request payment of government benefits either to myself or to the party who accepts assignment. I certify that I have read the above or had it explained to me and I agree to all of its terms and as evident of this fact sign my name below.

**CONSENT FOR CARE:** I, the undersigned, do hereby agree and give consent for Cary Orthopaedic Sports and Spine Specialists and/or Performance Physical Therapy to furnish medical care and treatment to \_\_\_\_\_ considered necessary and proper in diagnosing or treating his/her physical condition.  
 (Patient Name)

Signature of Patient/Guardian/Legal Representative

Date

Staff Initials



Acknowledgement of the Use and Disclosure of Health Information for  
Treatment or Health Care Operations

Name \_\_\_\_\_

Chart # \_\_\_\_\_

**This HIPAA form is designed to provide privacy standards to protect patients' medical records and other health information provided to health plans, doctors, hospitals and other health care providers.**

I understand that as part of the delivery of my health care, COSMS (Cary Orthopaedic Sports Medicine Specialists) originates and maintains medical records describing my health history, symptoms, examination and test results, diagnoses, treatment and plans for future care or treatment.

I understand that this information serves as:

- A basis for planning my care and treatment.
- A means of communication among the health care professionals who contribute to my care.
- A tool for routine health care operations such as assessing quality and ensuring the continued competence of health care professionals involved in my care.
- I have been provided with a Notice of Information Practices that provides a more complete description of the uses and disclosures of my health information.
- I understand that COSMS reserves the right to change this notice and their practices as needed and will make a reasonable attempt to inform me.
- I understand that I have the right to request restrictions in the use or disclosure of my health information for treatment or healthcare operations and that COSMS are not required to agree to the restrictions requested.
- I understand that I may revoke this acknowledgement in writing except to the extent that COSMS has already taken action based on it.

I agree that COSMS can EMAIL me secured HIPPA protected information to my email address.

I agree that COSMS may leave a message on my voicemail when unable to reach me on my home or cell phone.

I request that the following person(s) have **ACCESS** to my medical and financial records. (i.e. talk to the doctor on my behalf, pick up prescriptions/ medical records, make or change appointments)

\_\_\_\_\_

\_\_\_\_\_

I request the following RESTRICTIONS in the use or disclosure of my health information.

\_\_\_\_\_

For COSMS use  
Requested Restrictions: ACCEPTED \_\_\_\_\_ DENIED \_\_\_\_\_

Signature of Patient/Guardian/Legal Representative

Date

Witness Initials



## FINANCIAL POLICIES AND PROCEDURES

Thank you for choosing Cary Orthopaedics and Performance Physical Therapy as your orthopaedic and physical therapy providers. We are committed to the successful treatment and outcomes for all of our patients. The following is a statement of our financial policies and procedures which we require you to read and sign.

### **APPOINTMENTS**

When scheduling an appointment, our patient services coordinators will ask you to arrive 30 minutes prior to your appointment time to update any paperwork that is more than six months old, or 15 minutes prior to your appointment time if all paperwork is up to date.

### **CO-PAYMENTS, DEDUCTIBLES, CO-INSURANCE, AND FEES**

Co-payment, deductibles, co-insurance, and fees for services not covered by your insurance policy are due and will be collected at the time services are rendered. We accept personal checks, VISA, MASTERCARD, DISCOVER, AMERICAN EXPRESS, and CARECREDIT. We do NOT accept postdated checks. If you are having surgery or are scheduled for any in office procedure, your insurance benefits will be verified prior to the procedure, and an estimate of the cost will be provided to you. This estimate does not include charges for anesthesia, facility, facility related charges for DME or hardware, or rehabilitation services; you will be billed separately for these services by the facility or rendering provider. You will be expected to pay any co-payments, deductible, and/or co-insurance responsibility prior to your procedure.

### **REGARDING INSURANCE**

Per our in-network contracts, we will automatically file your insurance for services rendered. Should you choose, our office will provide you with proper documentation to file your insurance on your own. Please remember that you will be responsible for any co-pay, deductible and/or co-insurance that your insurance company deems your responsibility.

NOTE: Some services provided may be deemed "non-covered services" or "not considered medically necessary" by your insurance carrier. You may be responsible for paying for these services. We will not file out-of-network insurance that requires authorization.

We **DO NOT** file third party insurance and, we do not wait until settlement for payment.

### **INSURANCES REQUIRING AUTHORIZATION OR REFERRAL (HMO's, WC, etc)**

Many insurance companies require referrals or authorizations for services rendered by an in-network provider. It is the responsibility of the patient to ensure that all required referrals and authorizations are in place prior to their appointment being scheduled. Any services denied by your insurance company for lack of referral or authorization will be billed to and deemed the responsibility of the patient.

### **PAST DUE AND COLLECTION ACCOUNTS**

Cary Orthopaedics and Performance Physical Therapy require that all accounts with **Past Due or Collection** balances be paid in full prior to scheduling any appointment, including surgical or in office procedures. Any fees associated with checks returned by the bank for insufficient funds will be charged to the patient and are required to be paid before any appointment including, surgical or in office procedures, are scheduled.

### **MISSED APPOINTMENTS/CANCELLATIONS**

Our policy is to charge for missed appointments or appointments canceled with less than 24 hours notice at a rate specific to the appointment type. This charge is not billable to your insurance company and will be the patient's responsibility to pay.

### **MINOR PATIENTS**

The adult parent or guardian accompanying the minor is responsible for payment of the minor patient's account regardless of who the insurance policyholder is. For unaccompanied minors, non-emergency treatment will be denied until the parent or guardian is present or we have written permission for treatment and payment of the account.

### **COMPLETION OF FORMS**

A fee of \$25 per form will be charged for completion of forms and must be paid prior to the release of the form, including the following but not limited to: Disability and FMLA. This charge is not billable to your insurance company and will be the patient's responsibility to pay.

**I have read and understand Cary Orthopaedics and Performance Physical Therapy's financial policies and procedures. I understand that I am responsible for paying the deductible, co-payment, co-insurance, and any charges for non-covered services as determined by my insurance carrier. In addition to charges collected at the time of service, COSMS may bill me for additional serviced provided (ie, x-ray, MRI, medical equipment), and /or balance remaining on my account after my insurance carrier has responded to the claims.**

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Signature of Patient/Guardian/Legal Representative

Date

Patient Name: \_\_\_\_\_ Acct.#: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Occupation: \_\_\_\_\_ How Long? \_\_\_\_\_

Date of last Flu Vaccine \_\_\_\_\_ Date of last Pneumonia Vaccine \_\_\_\_\_

**MEDICAL HISTORY**

What is your chief complaint? (describe your problem and any treatment )

When did your symptoms begin? \_\_\_\_\_.

Have you had any \_\_\_ X-rays \_\_\_ MRI \_\_\_ CT Scan \_\_\_ Spinal Injections? If so, when? \_\_\_\_\_

**PAST MEDICAL HISTORY (ex: High Blood Pressure, Heart Disease, Diabetes)**

List all major illnesses and conditions you have ever been diagnosed with: \_\_\_\_\_

**PAST SURGERIES**

**SOCIAL HISTORY**

Do you or did you ever smoke? \_\_\_ Yes \_\_\_ No: If yes, how much/how long? \_\_\_\_\_ If previous smoker, when did you stop smoking? \_\_\_\_\_

Do you use alcohol? \_\_\_ Yes \_\_\_ No: If so, amount/frequency \_\_\_\_\_

**REVIEW OF SYSTEMS**

<p><b>General</b></p> <input type="checkbox"/> Fevers <input type="checkbox"/> Chills <input type="checkbox"/> Weight Change <input type="checkbox"/> Sweats <input type="checkbox"/> Generally Feeling Ill <input type="checkbox"/> Extreme Fatigue <input type="checkbox"/> Sleep Disturbance <p><b>Cardiovascular</b></p> <input type="checkbox"/> Chest Pain <input type="checkbox"/> Palpitations <input type="checkbox"/> Fainting <input type="checkbox"/> Ankle swelling <input type="checkbox"/> Breathing difficulty	<p><b>Skin</b></p> <input type="checkbox"/> Rash <input type="checkbox"/> Itching <input type="checkbox"/> Dryness <input type="checkbox"/> Suspicious Sores/Lesions/Lumps <p><b>Gastrointestinal</b></p> <input type="checkbox"/> Constipation/Diarrhea <input type="checkbox"/> Indigestion <input type="checkbox"/> Nausea/Vomiting <input type="checkbox"/> Change in Bowel Habits <input type="checkbox"/> Abdominal Pain <input type="checkbox"/> Bloody Stool <input type="checkbox"/> Jaundice <p><b>ENT</b></p> <input type="checkbox"/> Difficulty Swallowing <input type="checkbox"/> Difficulty Hearing <input type="checkbox"/> Sinus Trouble <input type="checkbox"/> Sore Throat	<p><b>Eyes</b></p> <input type="checkbox"/> Blurry Vision <input type="checkbox"/> Blindness <input type="checkbox"/> Eye Pain/Discharge <input type="checkbox"/> Sensitivity to Light <p><b>Genitourinary</b></p> <input type="checkbox"/> Frequent Urination <input type="checkbox"/> Painful Urination <input type="checkbox"/> Blood in Urine <input type="checkbox"/> Bladder Control <input type="checkbox"/> Pelvic Pain <p><b>Neurologic</b></p> <input type="checkbox"/> Seizures/Tremors <input type="checkbox"/> Migraines/Headaches <input type="checkbox"/> Memory Loss <input type="checkbox"/> Poor Balance or Walking <input type="checkbox"/> Difficult Arm/ Leg Movement	<p><b>Respiratory</b></p> <input type="checkbox"/> Cough <input type="checkbox"/> Wheezing <input type="checkbox"/> Coughing Up Blood <input type="checkbox"/> Shortness of Breath <input type="checkbox"/> Asthma <p><b>Psychological</b></p> <input type="checkbox"/> Unusual Stress <input type="checkbox"/> Anxiety <input type="checkbox"/> Depression <p><b>Musculoskeletal</b></p> <input type="checkbox"/> Joint Pain/Swelling <input type="checkbox"/> Muscle Pain /Weakness <input type="checkbox"/> Trauma/Fracture <input type="checkbox"/> Joint Stiffness
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**MEDICATIONS**

1. \_\_\_\_\_ 5. \_\_\_\_\_
2. \_\_\_\_\_ 6. \_\_\_\_\_
3. \_\_\_\_\_ 7. \_\_\_\_\_
4. \_\_\_\_\_ 8. \_\_\_\_\_

**DRUG ALLERGIES**

1. \_\_\_\_\_ 3. \_\_\_\_\_
2. \_\_\_\_\_ 4. \_\_\_\_\_

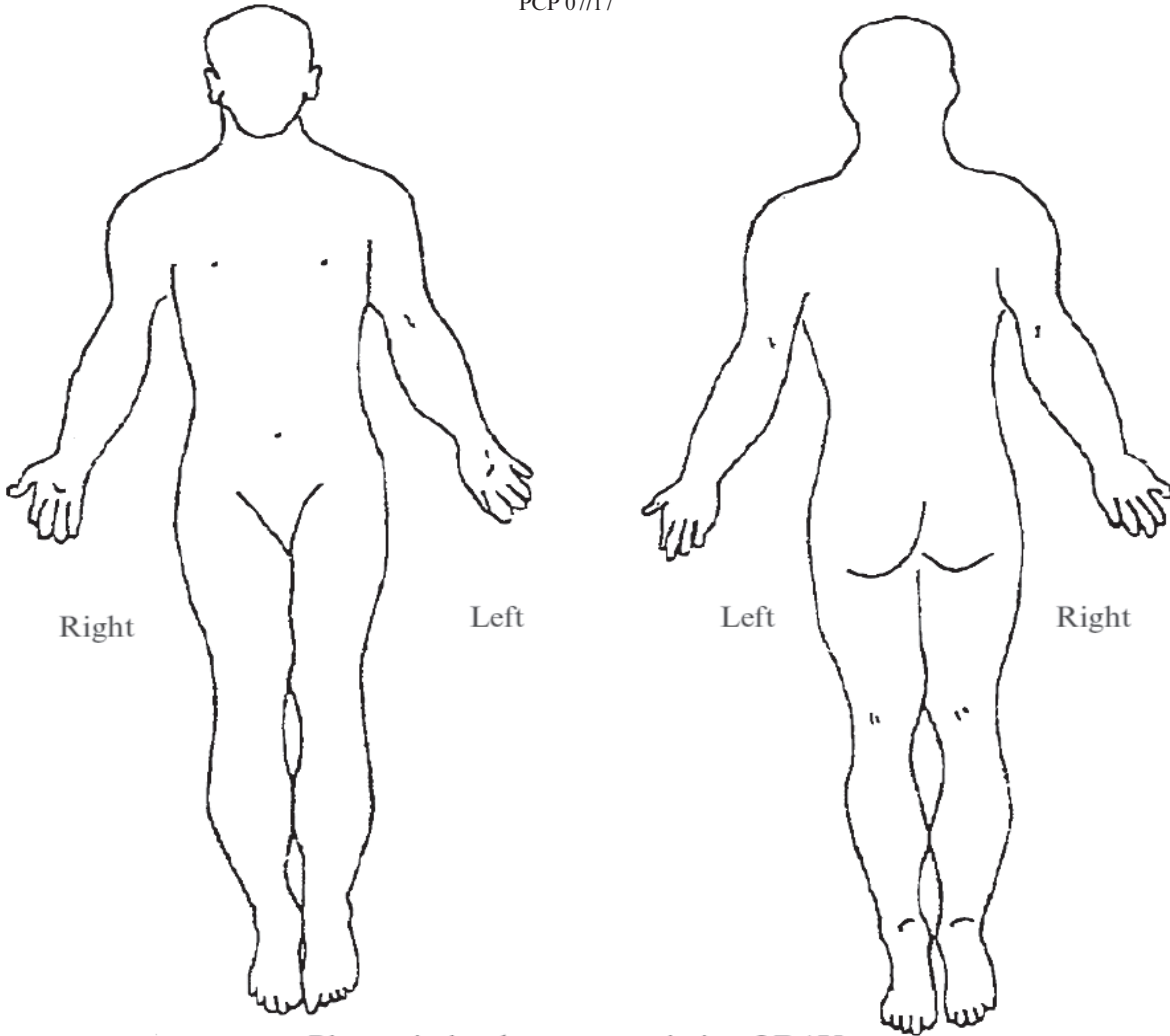
Allergic to Shellfish or X-ray Dye? \_\_\_ Yes \_\_\_ No Type of Reaction: \_\_\_\_\_

Latex Allergy? \_\_\_ Yes \_\_\_ No Type of Reaction: \_\_\_\_\_

<p>--- Pins and --- Needles</p>	<p>z z z Stabbing z z z</p>	<p>B B B Burning B B B</p>
<p>x x x Numbness x x x</p>	<p>/// /// /// Aching and /// /// /// Cramping</p>	<p>o o o Other o o o Sensations</p>

Mark the location(s) of your pain on the body outlines using the symbols

PCP 07/17



Please circle where your pain is TODAY

(No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst pain ever)

Please circle where your pain has been on average over the LAST WEEK

(No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst pain ever)